

## My Credentials

I am registered with the Psychology Board of Australia (PBA) and hold PBA Area of Practice Endorsement as a Clinical Psychologist. I'm a Board-approved supervisor with the Australia Health Practitioner Regulation Agency (AHPRA) and am available to mentor and support developing psychologists. I am registered with Medicare as a provider of Clinical Psychology Services.



I received my education at the University of Melbourne (B.Sc.Hons), Harvard University (M.A. Psychology) and the University of Sydney (M.Psychology/PhD).

I have had a rich and varied career working with a variety of at-risk populations including juvenile offenders, refugee families, teen parents, and youth and families with complex mental health needs. For much of the past two decades I have worked as a senior clinician at Psychological Medicine, the Children's Hospital at Westmead, Sydney, combining tertiary-level clinical, teaching, research and management roles, including co-ordinating the Psychological Medicine Anxiety Clinic and the Child Traumatic Stress Clinic. My research team has recently developed a manualised ACT treatment program for young people with anxiety that is currently being rolled out to schools (ProACTIVE). I maintain a continuing professional role with the Children's Hospital.

I have extensive teaching experience and continue to teach on the Graduate Medical Program at the University of Sydney and the post-graduate Clin Psych Masters course at Charles Sturt University. I have had articles and chapters published in a wide range of journals and books, and have spoken at local and international conferences. I have also delivered workshops and trainings in mental health topics across Australia and New Zealand.